



Arapahoe House





Physical Fitness Instructor Volunteer Opportunity

MISSION: The mission of Arapahoe House is to provide a continuum of accessible, affordable, and effective services for individuals and families with alcohol, drug and other behavioral health problems.



TITLE OF POSITION: Physical Fitness Instructor

OBJECTIVE: Conduct physical fitness or sport clinics to teach physical education skills to adolescents in treatment.






DUTIES MAY INCLUDE:

-  Develop fun and engaging physical activities for adolescents to participate in.
-  Lead adolescent clients during physical activities.
-  Assist staff in client supervision during instruction.
-  Willingness to undergo a drug test and background check.

COMMITMENT REQUIRED:

-  Volunteer may help during daily activity times from 6:00pm-7:15pm and/or 12:30-1:30pm on weekdays.
-  Schedule may be flexible for regular volunteers.

QUALIFICATIONS:

-  Professional expertise including certification in area of physical education.
-  Must be sensitive to diverse cultural and situational needs with a mature, non-judgmental attitude towards clients.
-  Experience supervising or teaching large groups helpful.
-  Willingness to undergo a drug test and background check.
-  Ability to maintain client confidentiality.

ORIENTATION AND TRAINING PROVIDED: Volunteers may be required to participate in the agency's orientation. On-site supervision and training are provided by staff at the facility.

LOCATION OF JOB: 8801 Lipan St., Thornton CO 80260. All Arapahoe House locations are smoke-free environments.

CONTACT: Kristen Babbitt, Development Assistant at (303) 412-3643 or volunteers@ahinc.org.