

# Pregnancy and Addiction



Arapahoe House

Using & abusing alcohol or drugs during pregnancy is a silent epidemic in the U.S. Most women who are pregnant hide their addiction or try to stop on their own for fear of having their child taken away. Addiction is a treatable illness, not a failure of willpower. Arapahoe house can help pregnant women overcome addiction and deliver clean & healthy babies.

## Did You Know?

- No level of alcohol during pregnancy is considered safe.
- Pregnant women between the ages of 15 and 17 have a higher rate of illicit drug use than their non-pregnant counterparts.
- National research shows that more than 11 percent of pregnant women between the ages of 15 and 44 use alcohol, of which, 3.7 percent report binge drinking.



- Approximately 32 percent of women who use illicit drugs during pregnancy also use alcohol and cigarettes. Using this data, it has

been suggested that an estimated one million children each year are exposed to legal or illegal substances during gestation.

## Colorado has higher rates of women who are pregnant and suffer from substance use disorders:

- In Colorado, approximately seven percent of females in drug and alcohol treatment are pregnant, compared to one percent nationwide.
- In Colorado, the number of pregnant women in need of substance abuse treatment was estimated to be between 1,962 and 5,103.
- Responsibility for children, coupled with little access to child care services, is one of the most significant and most frequently cited barriers among females who seek treatment.

### GET HELP TODAY:

- Call 303.657.3700. Phone lines are open Monday through Saturday 8:00 a.m. to 7:00 p.m.

—OR—

- Email [info@ahinc.org](mailto:info@ahinc.org)

## What we do:

Arapahoe House provides substance abuse treatment and mental health services to vulnerable individuals and families in metro Denver.

Since 1975, we've been empowering members of our community to find help, hope and healing from drugs and alcohol.

Our nationally recognized programs are designed to meet the unique treatment needs of our clients to help give them a greater chance of recovery. Arapahoe House is Colorado's leading nonprofit provider of affordable drug and alcohol addiction treatment.

## Who we help:

Today, we help more than 14,000 members of our community every year. We provide substance use disorder treatment for women and their children, teens, adults and families to help save and rebuild lives.

## Where we serve:

We operate 14 locations and more than 20 specialized services for individuals and families in the following metro Denver area cities: Aurora, Commerce City, Denver, Lakewood, Littleton, Sheridan, Thornton, Westminster, and Wheat Ridge.



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